

The Daily Bubble

Wednesday, August 8, 2018
TRIP DAY!

Toranut Today: Olim

Toranut Tomorrow: 11,30,35,36,38

WEATHER REPORT

Scattered
T-Storms

High of 86 F/30 C
Low of 68 F/20 C

Humidity 60%
Sunset at 8:06 pm

Tomorrow: 85 F/63 F
Partly Cloudy

TONIGHT'S EVENING ACTIVITIES:

RETURNING AND RECOUPERATING FROM TRIP DAY!

TODAY'S MENU:

ARUCHAT BOKER: Bagels, eggs, lox

ARUCHAT TZOHORAYIM: Chicken tenders, fries

ARUCHAT EREV: Unit BBQ

TOMORROW'S ARUCHAT BOKER: Chocolate chip pancakes

**3 DAYS UNTIL
Eisner Camp 5K & 10K
Stand Up &
Make a Difference Run**

Weekly Workouts & Wellness (before breakfast):

Pool—Lap swim (Sun through Thurs) 7 am

Running—(Between the gaga pits— Sun & Wed) 7am

Fitness- (Fitness room Mon, Wed, Thurs) 7 am

Basketball—(Merkaz HaSport Sun through Thurs) 7am

Yoga & Mindfulness—(Aerobics rm Tues 7am & Fri



STAND UP AND MAKE A DIFFERENCE CHARITIES: (4 of 12)

Team Ethan: Help pay for ongoing expenses to care for Ethan Kadish, a GUCI camper who was struck by lightning five years ago.

ACLU: Help reunite families and support immigrants' rights.

Food Bank of Western Massachusetts: Fight local hunger.

Trevor Project: Prevent suicide in the teen LGBTQ population.

FUN THINGS THIS WEEK:

Today: Trip Day for K'tanim—Tzofim

Friday: Make a Difference Day!

Saturday: Eisner 5K/10K

Saturday Evening: Camp Show

Joke of the Day:

Q: What do you give a sick lemon?



A: Lemon-aid.

Birthday SHOUT OUTS!

Talia Gewirtz
Stella Rubin
Alexandra Cadiff
Sam Cadiff

