

The Daily Bubble

Thursday, August 9, 2018

Toranut Today: 11,30,35,36,38 **Toranut Tomorrow:** 6,15,32,38,39,47 **Teva:** Bonim 13 Chalutzim 44

Dopes: Chalutzim 15 (AM) Bonim 8 (PM) **Who's got the Mo?:** Chalutzim (Menucha) Chaverim (Breira)

T'filah prep: Bonim (AM) Chaverim (PM)

WEATHER REPORT	Partly Cloudy	High of 84 F/29 C Low of 64 F/18 C	Humidity 63% Sunset at 8:06 pm	Tomorrow: 83 F/61 F Sunny
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TONIGHT'S EVENING ACTIVITIES:

K'tanim- Shesh Toos

Bonim- Pool Party

Chalutzim- Second City Live

Ofarim- Campfire

Chaverim- Elderly Night

Tzofim- Rally Prep

Olim- Pool Party & Rally Prep

Machon- TBD

TODAY'S MENU:

ARUCHAT BOKER: Chocolate Chip pancakes

ARUCHAT TZOHORAYIM: Philly Steak sandwiches

ARUCHAT EREV: Chicken Pot Pie, salad bar

TOMORROW'S ARUCHAT BOKER: Scrambled eggs, toast

**2 DAYS UNTIL
Eisner Camp 5K & 10K
Stand Up &
Make a Difference Run**

Weekly Workouts & Wellness (before breakfast):

Pool-Lap swim (Sun through Thurs) 7 am

Running-(Between the gaga pits- Sun & Wed) 7am

Fitness- (Fitness room Mon, Wed, Thurs) 7 am

Basketball-(Merkaz HaSport Sun through Thurs) 7am

Yoga & Mindfulness-(Aerobics rm Tues 7am & Fri 8am)

STAND UP AND MAKE A DIFFERENCE

CHARITIES: (5-8 of 12)

Feminist Majority Foundation: Advance non-violence and women's power, equality, and economic development.

Greenpeace: Environmental organization, help save the Arctic.

The Xerces Society: Protect bees and other invertebrates, important to our ecosystem and food supply.

The World Wildlife Fund: Protect endangered species and their habitats.



FUN THINGS THIS WEEK:

Friday: Make a Difference Day!

Saturday: Eisner 5K/10K

Saturday Evening: Camp Show

Birthday SHOUT OUTS!

Yael Farber
Caleb Manheim
Hannah Rich



DAILY BLESSING

By: Simone Rein- Olim

May all who are hungry be granted food.