

Toranut Today: 8,13,24 **Toranut Thursday:** 11,30,35,36,38 **Ropes:** Bonim 10 (AM) Chalutzim 16 **Who's got the Mo?:** K'tanim & Machon (Menucha) Bonim (Breira) **T'filah prep:** Chaverim (in lieu of KESHER)

WEATHER Scattered High of 89 F/32 C REPORT T-Storms Low of 66 F/19 C

<u>TONIGHT'S EVENING ACTIVITIES</u>: K'tanim– Stacking Carnival Bonim– Israel Night Chalutzim– Pool Party

Ofarim– Great Gatsby Mystery

Chaverim- Campfire Tzofim– Exposing Magenta Platypuses as Zucchini Olim– TRIP DAY! Machon- TBD

4 DAYS UNTIL

Eisner Camp 5K & 10K

Stand Up &

Make a Difference Run

Tomorrow: 84 F/65 F

T-Storms

TODAY'S MENU: ARUCHAT BOKER: Waffles, strawberries, topping

ARUCHAT TZOHORAYIM: Pizza, chips, salad

ARUCHAT EREV: Beef stew, rolls, salad bar TOMORROW'S ARUCHAT BOKER: Bagels, eggs, lox

Weekly Workouts & Wellness (before breakfast): Pool—Lap swim (Sun through Thurs) 7 am Running-(Between the gaga pits- Sun & Wed) 7am Fitness- (Fitness room Mon, Wed, Thurs) 7 am Basketball—(Merkaz HaSport Sun through Thurs) 7am Yoga & Mindfulness—(Aerobics rm Tues 7am & Fri



FUN THINGS THIS WEEK:

Today: Trip Day for Olim

Wednesday: Trip Day for K'tanim-Tzofim

Friday: Make a Difference Day!

Saturday: Eisner 5K/10K Saturday Evening: Camp Show

STAND UP AND MAKE A DIFFERENCE CHARITIES:

Humidity 67%

Sunset at 8:06 pm

Team Ethan: Help pay for ongoing expenses to care for Ethan Kadish, a GUCI
camper who was struck by lightning five years ago.ACLU: Help reunite families and support immigrants' rights.Food Bank of Western Massachusetts: Fight local hunger.Trevor Project: Prevent suicide in the teen LGBTQ population.Feminist Majority Foundation: Advance non-violence and women's power,
equality, and economic development.Greenpeace: Environmental organization, help save the Arctic.The Xerces Society: Protect bees and other invertebrates, important to our
ecosystem and food supply.The World Wildlife Fund: Protect endangered species and their habitats.

The World Wildlife Fund: Protect endangered species and their habitats. ASPCA: Rescue stray animals and stop animal abuse.

The Jimmy Fund: Support adult and child cancer care.

<u>Sunrise Day Camps:</u> Summer camp for children with cancer and their siblings. <u>Make-a-Wish Foundation:</u> Makes the dreams of seriously ill children come true.

Birthday SHOUT OUTS! Maya Parness Jamie Steiner



I am thankful for the Eisner staff.