

Toranut Today: 10,16,25 **Toranut Tomorrow:** 2,4,12 Who's got the Mo? Bonim (Menucha) Tzofim (Breira)

WEATHER T-Storms REPORT

High of 77 F/25 C Low of 68 F/20 C

Humidity 82% Sunset at 7:58 pm Tomorrow: 79 F/65 F

T-Storms

TONIGHT'S EVENING ACTIVITY:

ENTRANCES AND FIGHT SONG!

TODAY'S MENU:

ARUCHAT BOKER: Waffles, yogurt, oatmeal

ARUCHAT TZOHORAYIM: Grilled cheese, tomato soup

BREIRA SNACK: Ice cream sandwich

ARUCHAT EREV: Spaghetti, meat sauce, salad bar

TOMORROW'S ARUCHAT BOKER: Scrambled eggs, croissants

Birthday SHOUT OUTS!

Jacob Bordman



Weekly Workouts & Wellness (before breakfast):

Pool-Lap swim (Sun through Thurs) 7 am Yoga & Mindfulness-(Aerobics rm Tues 7am & Fri 8am)





FUN THINGS THIS WEEK:

Monday Evening: Entrances & Fight Song Tuesday Evening: Team Cookout! AND

Drama & Israeli Dance

Wednesday Evening: Modern Dance, Art

Display & Alma Mater

Thursday: Plaque Attack!

Saturday Evening: End of Session Banquet

Friendships born on the field of athletic strife are the real gold of competition.

Awards become corroded, friends gather no dust.

DAILY BLESSING Thank you to the kitchen staff for cooking the food for us, keeping us happy and healthy. By: Jillian Appel-