

The Daily Bubble

SHABBAT
SHALOM

Saturday, August 11, 2018

UNUSUAL HOLIDAY: Presidential Joke Day

Toranut Today: 9,33,34,37,44

Toranut Tomorrow: 23,24,19

Ropes: Olim

WEATHER REPORT

Rain

High of 72 F/22 C

Humidity 85%

Tomorrow: 78 F/66 F

Low of 63 F/17 C

Sunset at 8:01 pm

T-Storms

TONIGHT'S EVENING ACTIVITY:

ALL CAMP - ORIGINAL SHOW "You've got a friend"

with songs from musicals you know and love.

TODAY'S MENU:

ARUCHAT BOKER: Breakfast buffet

ARUCHAT TZOHORAYIM: Chicken fajitas, salad

BREIRA SNACK: Goldfish

ARUCHAT EREV: Lasagna, rolls, salad bar

TOMORROW'S ARUCHAT BOKER: Scrambled eggs

CONGRATS to ALL who ran/walked in this morning's Stand Up & Make a Difference Run

Weekly Workouts & Wellness (before breakfast):

Pool—Lap swim (Sun through Thurs) 7 am

Fitness- (Fitness room Mon, Wed, Thurs) 7 am

Basketball—(Merkaz HaSport Sun through Thurs) 7am

Yoga & Mindfulness—(Aerobics rm Tues 7am & Fri 8am)



Shabbat Breira pop-ups

brought to you by Machon 2018

First Hour

Coloring Mandalas - Quad

Card tricks 101 - Silo Hill

World Cup Tournament - Soccer field

Second Hour

Baseball - Baseball field

Scooby Doo book reading with James Gelsey - Quad

Improv Games - Tzofim Beit Am

Birthday SHOUT OUTS!

Julia Prager-Hessel
Sofia Antle

