

The Daily Bubble

Friday, August 10, 2018

MAKE A DIFFERENCE DAY!

Toranut Today: 6,15,32,38,39,47 **Toranut Tomorrow:** 9,33,34,37,44 **Who's got the Mo?:** Olim

WEATHER REPORT	Partly Cloudy	High of 83 F/28 C Low of 63 F/17 C	Humidity 83% Sunset at 8:02 pm	Tomorrow: 71 F/63 F Showers
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TONIGHT'S EVENING ACTIVITY:

Shabbat shalom!

How good it is that we can be happily together

TODAY'S MENU:

ARUCHAT BOKER: Scrambled eggs, hash browns

ARUCHAT TZOHORAYIM: Mac & cheese, fish, salad

ARUCHAT EREV: Shabbat dinner

TOMORROW'S ARUCHAT BOKER: Breakfast Buffet

**1 DAYS UNTIL
Eisner Camp 5K & 10K
Stand Up &
Make a Difference Run**

Weekly Workouts & Wellness (before breakfast):

Pool—Lap swim (Sun through Thurs) 7 am

Fitness- (Fitness room Mon, Wed, Thurs) 7 am

Basketball—(Merkaz HaSport Sun through Thurs) 7am

Yoga & Mindfulness—(Aerobics rm Tues 7am & Fri 8am)

STAND UP AND MAKE A DIFFERENCE

CHARITIES: (9-12 of 12)

ASPCA: Rescue stray animals and stop animal abuse.

The Jimmy Fund: Support adult and child cancer care.

Sunrise Day Camps: Summer camp for children with cancer and their siblings.

Make-a-Wish Foundation: Makes the dreams of seriously ill children come true.



FUN THINGS THIS WEEK:

Today: Make a Difference Day!

Saturday: Eisner 5K/10K

Saturday Evening: Camp Show

Birthday SHOUT OUTS!

Simon Shoemaker



DAILY BLESSING
By: Dana Freedman—
Tzofim

I am thankful to be at a place where I am fed 3 meals a day and where I can truly be myself.