

Toranut Today: 30,38,39,40 **Who's got the Mo?:** Ofarim (Menucha)& Olim (Breira) **T'filah Drep:** Bonim(PM) & Tzofim(PM) **Sports Tourneys:** Chalutzim Boys Basketball @ Winadu



Toranut Tomorrow: 8,11,41,31,35 Ropes: Chaverim 5 (AM) Tzofim 1 (PM) Teva: Chalutzim 15 Chalutzim 18 Ofarim Soccer @ CLC



WEATHER Sunny REPORT High of 88 F/31 C Low of 62 F/17 C Humidity 49% Sunset at 8:32 pm



ALAN GOODIS IS HERE ALL WEEK!

<u>TONIGHT'S EVENING ACTIVITIES</u> : K'tanim- Adventure

Bonim– Holiday Adventure Chalutzim– Environment Night

Ofarim– Israel Night

Chaverim- Personality Tzofim- Israel Night Olim- Royal Wedding Kidnapping Part 1 Machon- TBD

Weekly Workouts & Wellness (before breakfast):

Pool—Lap swim (Sun through Thurs) 7 am Running-(Between the gaga pits- Sun & Wed) 7am Fitness- (Aerobics room Mon, Wed, Thurs) 7 am Yoga & Mindfulness–(Aerobics rm Tues) 7 am



TODAY'S MENU: ARUCHAT BOKER: Scrambled eggs, croissants, yogurt

ARUCHAT TZOHORAYIM: Grilled cheese, tomato soup

ARUCHAT EREV: Goulash, salad bar



Birthday SHOUT OUTS! Alexis Gardner

Alexis Gardner Hazel Hornick-Wu Lily Mansell Ethan Nevarez Katie Rona Sara Griffiths

What letters are NOT in the alphabet?

The one's in the mail of course: Happy Letter Writing Day!

DAILY BLESSING By: Sabrina Cheung Tzofim

I am thankful for everything that all staff does for our camp.