

# The Daily Bubble

Saturday, July 7, 2018  
Weird Holiday: National Strawberry Sundae Day

**SHABBAT  
SHALOM**

**Toranut Today:** 43,20,26,27,28 **Toranut Tomorrow:** 44,6,22  
**Olim Ropes:** 35,39,40,27,28 **Chalutzim:** Bar Mizvah Training


**WEATHER REPORT** Sunny High of 78 F/26 C Humidity 44%  
Low of 55 F/13 C Sunset at 8:33 pm



## TONIGHT'S EVENING ACTIVITIES:

K'tanim –Incredibles Pool Party  
Bonim –Bonim Goes to College  
Chalutzim –Incredibles in the Beit Am  
Ofarim –Italian Culture Night

Chaverim –Campfire  
Tzofim –Not Talent Show  
Olim –Campfire  
Machon –TBD Merkaz HaSport



**Birthday SHOUT OUTS!**  
Sophia Kachel

## Shabbat Breira pop-ups

brought to you by Machon 2018

First Hour  
**Fun Debates - Quad**  
**Coloring-Quad**

Second Hour  
**Friendship Bracelets -Quad**  
**Ultimate Frisbee - Universal Lawn**  
**Karaoke -**

Third Hour  
**Nautical Adventures- Lake**

## Weekly Workouts & Wellness (before breakfast):

Pool–Lap swim (Sun through Thurs) 7 am  
Running-(Between the gaga pits- Sun & Wed) 7am  
Fitness- (Aerobics room Mon, Wed, Thurs) 7 am  
Yoga & Mindfulness–(Aerobics rm Tues & Fri ) 7 am



## **TODAY'S MENU:**

**ARUCHAT BOKER:** Breakfast buffet

**ARUCHAT TZOHORAYIM:** Chicken Fajitas, salad bar

**ARUCHAT EREV:** Stuffed shells, bread, salad bar

## Sports Scores

from July 6th



Uruguay	0
France	2
Brazil	1
Belgium	2



Padres	6
Diamondbacks	3

DAILY BLESSING  
By Sađie – K'Tanim

I am thankful for having a place that you can be yourself.