

The Daily Bubble

Tuesday, July 31, 2018
Unique Holiday: Mutt's Day

Toranut Today: 16,22,44 **Toranut Tomorrow:** 7,15,40,41,42 **Teva:** Chalutzim 43 Chalutzim 18
Who's got the Mo?: Chalutzim (Menucha) Tzofim (Breira) **T'filah prep:** Chalutzim (PM) Tzofim (PM)
Dopes: Bonim 11 Ofarim 6 (AM) Chalutzim 14 Ofarim 7 (PM)

WEATHER REPORT

T-Storms

High of 83 F/28 C
Low of 69 F/21 C

Humidity 68%

Sunset at 8:15 pm

Tomorrow: 81 F/70 F

T-Storms

Birthday SHOUT OUTS!

Julia Pucciariello



FUN THINGS THIS WEEK:

Wednesday night: Erev Yisrael

Saturday night: International Showcase

TONIGHT'S EVENING ACTIVITIES:

K'tanim- DMV Pool Party

Bonim- Election night

Chalutzim- Keeping Up with the Chalutzimers

Ofarim- Reality TV

Chaverim- Ghost Hunting

Tzofim- Tzofamily Feud

Olim- The Kidnapping of Meghan Markle

Machon- TBD

TODAY'S MENU:

ARUCHAT BOKER: Scrambled eggs, croissants

ARUCHAT TZOHORAYIM: Individual pizzas, salad

ARUCHAT EREV: Goulash, salad bar

TOMORROW'S ARUCHAT BOKER: Bagels, eggs, lox



Weekly Workouts & Wellness (before breakfast):

Pool-Lap swim (Sun through Thurs) 7 am

Running-(Between the gaga pits- Sun & Wed) 7am

Fitness- (Fitness room Mon, Wed, Thurs) 7 am

Basketball-(Merkaz HaSport Sun through Thurs) 7am

Yoga & Mindfulness-(Aerobics rm Tues 7am & Fri 8am)

Joke of the day:

Q: What do you get when you throw a lot of books into the ocean?

A: A title wave



DAILY BLESSING

By: Lucas —K'tanim

Thank you God for our food and this holy holy world. Amen.