

# The Daily Bubble

**Sunday, July 29, 2018**  
**OPENING DAY SESSION II 2018**

**Toranut This morning:** Leadership Team **Toranut This evening:** Hilltop & Unattached Staff

## WEATHER REPORT

Cloudy

High of 80 F/27 C  
Low of 60 F/16 C

Humidity 59%  
Sunset at 8:18 pm

Tomorrow: 84 F/63 F  
Cloudy

## Birthday SHOUT OUTS!

Nathan Small  
Julia Gardner  
Jack Mallah  
Lily Altman



**REMEMBER TO  
COMPOST AND  
RECYCLE!**



## TONIGHT'S EVENING ACTIVITY:

# Get to know your bunk!

### Weekly Workouts & Wellness (before breakfast):

Pool—Lap swim (Sun through Thurs) 7 am  
Running—(Between the gaga pits- Sun & Wed) 7am  
Fitness- (Fitness room Mon, Wed, Thurs) 7 am  
Basketball—(Merkaz HaSport Sun through Thurs) 7am  
Yoga & Mindfulness—(Aerobics rm Tues 7am)



### TODAY'S MENU:

**ARUCHAT BOKER:** Cheesy scramble, tater tots

**ARUCHAT TZOHORAYIM:** Grab-and-go sandwiches

**ARUCHAT EREV:** Spaghetti & meat sauce, salad bar

**TOMORROW'S ARUCHAT BOKER:** Chocolate chip pancakes

