

# The Daily Bubble

SHABBAT  
SHALOM

Saturday, July 21, 2018  
Unique Holiday: National Junk Food Day

**Toranut Today:** 10,18,26,27,32,33      **Toranut Tomorrow:** 7,1,21  
**Olim Ropes:** 36,37,38,41

**WEATHER REPORT**    Partly Cloudy    High of 80 F/27 C    Low of 62 F/17 C    Humidity 53%    Sunset at 8:26 pm    Tomorrow: 83 F/69 F    Scattered T-Storms

## Birthday SHOUT OUTS!

Ava Bachman



### LOGIC PROBLEM:

Mary's mum has four children.  
The first child is called April.  
The second May.  
The third June.  
What is the name of the fourth child?

A: Mary's mothers fourth child was Mary herself.

### Weekly Workouts & Wellness (before breakfast):

Pool—Lap swim (Sun through Thurs) 7 am  
Running—(Between the gaga pits- Sun & Wed) 7am  
Fitness- (Fitness room Mon, Wed, Thurs) 7 am  
Basketball—(Merkaz HaSport Sun through Thurs) 7am  
Yoga & Mindfulness—(Aerobics rm Tues 7am & Fri 8am)



### TODAY'S MENU:

**ARUCHAT BOKER:** Breakfast buffet

**ARUCHAT TZOHORAYIM:** Chicken fajitas, salad

**ARUCHAT EREV:** Stuffed shells, bread, salad bar

**TOMORROW'S ARUCHAT BOKER:** French toast sticks, scrambled eggs

## SMILE

IT WILL MAKE YOU  
LOOK BETTER.

## PRAY

IT WILL KEEP YOU  
STRONG.

## LOVE

IT WILL HELP YOU  
ENJOY LIFE MORE.

## Shabbat Breira pop-ups

brought to you by Machon 2018

### First Hour

Friendship Bracelets -Quad

Karaoke—Stage on the Quad

Water balloon fight - Universal lawn

World Cup Tournament - Soccer field

### Second Hour

Kickball -Baseball field

Coloring- Quad

Fun with aluminum foil - Tzofim Beit Am

### DAILY BLESSING

By: Joshua —  
Chalutzim

I'm thankful that the food here tastes so good.

