

The Daily Bubble



Sunday, July 15, 2018

Unique Holiday: Cow Appreciation Day

Toranut Today: 14,20,23 **Toranut Tomorrow:** 9,39,40,41,43 **Teva:** Bonim 8 Chalutzim 43
Who's got the Mo?: Ofarim (Menucha), Olim (Breira) **Ropes:** Chaverim 25 (AM) Tzofim 21 (PM)

WELCOME K'TANIM SESSION 2

WEATHER REPORT Scattered T-Storms High of 86 F/30 C Low of 66 F/19 C Humidity 67% Sunset at 8:30 pm



TONIGHT'S EVENING ACTIVITIES:

K'tanim- Futuristic Night	Chaverim- Mystery Night
Bonim- Israel Night	Tzofim- Speakeasy
Chalutzim- Middle School	Olim- In Montreal
Ofarim- Pool Party, Cruise	Machon- TBD on the BeitAm



Birthday SHOUT OUTS!

Julius Camper Eva Smith
 Asher Yellen Alanna Gilmore

Weekly Workouts & Wellness (before breakfast):

Pool-Lap swim (Sun through Thurs) 7 am
 Running-(Between the gaga pits- Sun & Wed) 7am
 Fitness- (Fitness room Mon, Wed, Thurs) 7 am
 Basketball-(Merkaz HaSport Sun through Thurs) 7am
 Yoga & Mindfulness-(Aerobics rm Tues 7am & Fri 8am)



TODAY'S MENU:

ARUCHAT BOKER: Cheesy scramble, tater tots, fruit, yogurt

ARUCHAT TZOHORAYIM: Meatball subs, sweet potato fries

ARUCHAT EREV: Chicken Pot Pie, salad bar

THERE ARE SEVEN DAYS IN THE WEEK AND SOMEDAY ISN'T ONE OF THEM.

Sports Scores

from July 14th

	USA	19
	Australia	1
	Israel	19
	Russia	2
	Iroquois	18
	England	7
	Yankees	5
	Indians	6

DAILY BLESSING
 By: Anonymous-
 Tzofim

Thank you to those who prepare our meals for being awesome!