

The Daily Bubble

Tuesday, July 11, 2018

Unique Holiday: Cheer Up the Lonely Day

Toranut Today: 12,24,2 **Toranut Tomorrow:** 10,44,4 **T'filah Prep:** Tzofim (PM)
Who's got the Mo?: Chalutzim (Menucha) & Tzofim (Breira) **Ropes:** Chaverim 4 (AM) & Tzofim 2 (PM)
Teva: Bonim 10 Ofarim 7 **Sports Tournays:** Chaverim/Olim Girls Football @ CLC

COOKOUT Tonight!

WEATHER REPORT

Partly
Cloudy

High of 81 F/27 C
Low of 53 F/12 C

Humidity 47%
Sunset at 8:32 pm



ALAN GOODIS IS HERE ALL WEEK!



TONIGHT'S EVENING ACTIVITIES:

K'tanim- Capture the flag

Bonim- Defeat the Underminer

Chalutzim- Olympics

Ofarim- Treat Yo' Self

Chaverim- Mystery Night

Tzofim- Pool Party

Olim- Israel Program

Machon- TBD on the Quad

Weekly Workouts & Wellness (before breakfast):

Pool-Lap swim (Sun through Thurs) 7 am

Running-(Between the gaga pits- Sun & Wed) 7am


Fitness- (Aerobics room Mon, Wed, Thurs) 7 am

Yoga & Mindfulness-(Aerobics rm Tues 7am & Fri 8am)



Sports Scores

from July 10th

 France 1
Belgium 0

 Yankees 4
Orioles 5

TODAY'S MENU:

ARUCHAT BOKER: Eggs, lox, bagel, yogurt

ARUCHAT TZOHORAYIM: Chicken tenders, potato wedges

ARUCHAT EREV: Hamburgers, hot dogs, watermelon

Birthday SHOUT OUTS!

Mathias Deen
Sam Feifer
Simon Leibowitz
Evelyn Scott



DAILY BLESSING
By: Ava Gordon—
Olim

Thank you God for the food on our plates and making us happy.