

Toranut Today: 11, 32, 33, 34, 46 Toranut Tomorrow: 2, 15, 44

Adventure: Bunks 35, 36, 37. 38



Possible storms in the morning and scattered throughout the afternoon High of 78 F/26 C

Humidity 70% Sunset at 8:31 pm



First Hour



Mural of Camp: Universal Lawn Beit Am Roof Ball: Outside Beit Am



THF DA



Jacob Billotti

Shabbat buffet

Low of 55 F/13 C



Weekly Workouts & Wellness

Today (Saturday):

3:00 pm mindfulness activities with Karen for campers & staff; listen to hoda ot for location!



Tomorrow (Sunday):



6:15 am staff only bike ride with Nurit & Harvey at the bike shack



6:45 am staff only yoga with Liat in the Aerobics Room



6:45 am Upper Camp laps at the pool





ARUCHAT BOKER ARUCHAT TZOHORAYIM Israeli lunch

ARUCHAT EREV Lasagna & garlic bread

> DAIL BLESSING by Chaverim camper

Thank you God for the life that I get to live and the people that are in it.